

Fred Haas

Professional information

I am trained as a civil engineer and I have spent over 30 years doing engineering work. For as long as I can remember the theme of National Engineer's week has been "Engineers - Turning Dreams into Reality". As an engineer we create a plan for our client's vision. We put it on paper, make sure it follows the governing laws, and use our experience, training, logic and creativity to design all facets of the plan. We strive for a plan that is practical, constructible, and affordable which realizes or exceeds our client's original vision.

Many of these skills translate easily into my coaching work, and together we can make your dreams a reality. My training as a coach has enhanced my natural ability to listen, reflect and reframe events or perceptions so that you can see them from a new perspective. This opens a way from the old into the new and it is in this new and unknown world you can create the life you want.

Work experience

Fred Haas Coaching

2011- Present

I am a life coach, recovery coach and intuitive coach. I am trained as a recovery coach and life coach at Crossroads Recovery Coaching. I now teach at Crossroads Recovery Coaching in addition to my coaching practice, and I am on the board of directors for Recovery Coaches International.

I am trained as an intuitive coach by the amazing Sue Frederick. She made a significant impact on my life and I offer these sessions to make a difference in your life too.

Frederick H. Haas, P.E., Consulting Engineer

1989 – 2012

For over 20 years I owned my own consulting engineering business. I am a civil engineer and I specialize in hydrology, hydraulics, floodplain determination, land development and site drainage.

Consulting Civil Engineer

1979 – 1989

I worked for a consulting engineering firm for 4.5 years in Albuquerque, New Mexico and I worked for another consulting engineering firm in Austin, Texas for 5.5 years. I worked on a wide variety of interesting projects ranging from designing/rehabilitating dams to designing entire subdivisions and commercial sites.

Education

Grief Intuitive Coach Training

2013

I completed the certification training from Sue Frederick for her grief intuitive method based on the information in her book Bridges to Heaven - True Stories of Loved Ones on the Other Side.

Soul Mate Intuitive Coach Training

2013

I completed the certification training from Sue Frederick for her soul mate intuitive method based on the information in her book I See Your Soul Mate - An Intuitive's Guide to Finding and Keeping Love.

IEL Level I - Angel Whispers Intuitive Communication

2013

I completed the certification training from Russell Forsyth for his Intuitive Energy Love Level I - Angel Whispers Intuitive Communication Certification.

Career Intuitive Coach Training

2012

I completed the certification training from Sue Frederick for her career intuitive method based on the information in her book I See Your Dream Job - A Career Intuitive Shows You How to Discover What You Were Put On Earth to Do.

Crossroads Recovery Coaching

2011

I graduated from Crossroads Recovery Coaching in 2011. In addition to the fundamentals of coaching, the curriculum included Nonviolent communication, Motivational Interviewing, Stages of Change, and Internal Family Systems. This information was supplemented by training for harm reduction, codependency, food addiction, sex addiction, under-earning and co-occurring disorders.

University of Texas at Austin, B.S. Civil Engineering

1979

I graduated from the University of Texas at Austin in 1979 with a Bachelor of Science in Civil Engineering. I specialized in water resources engineering.

Affiliations

Recovery Coaches International (RCI)
American Society of Civil Engineers (ASCE)